As a doctor who treats gynecologic cancers, I see a good share of patients with diseases that are difficult to prevent. Examples include cancers of the ovaries and uterus. Cervical cancer, on the other hand, is a much different story. 96% of all cervical malignancies are linked to HPV—the human papilloma virus—and we are fortunate to have a way to prevent this form of cancer. It’s called the HPV vaccine.

Research shows that the HPV vaccine is extremely effective in preventing cervical cancer. It is also effective against many other diseases linked to HPV including genital warts and benign and precancerous growths of the throat and mouth. It’s estimated that 26,000 cases of cancer are preventable each year through HPV vaccination.

I am asking for your help in preventing cancer by immunizing your children (and grandchildren) as early as possible, when two doses of vaccine are effective. The vaccine is available for boys and girls ages 9 to 26. I implore you to have an open and honest discussion with your pediatrician or family doctor about this tremendous opportunity to protect your kids. My hope is that we will not have to care for their cancer in the future.

We have the opportunity to decrease the lifetime risk of cancer in girls by more than 5%. We can also decrease the lifetime risk of cancer in boys. To achieve this remarkable advance in medical care, all we need to do is immunize our children and teens with the human papilloma virus (HPV) vaccine.
**WMCC Welcomes New Providers**

**HASSAN ISSA, MD,** is a hematologist and medical oncologist in Kalamazoo and Three Rivers. Dr. Issa earned a medical degree from Tichreen University in Latakia, Syria. He completed a residency in internal medicine at Unity Health System in Rochester, New York and fellowships in medical oncology at the University of Toledo and at Ohio State University. Dr. Issa’s clinical focus is benign and malignant hematology including leukemia and lymphoma and clotting disorders. He is board certified in internal medicine and medical oncology.

**MANISH THAKUR, MD,** is a hematologist and medical oncologist, practicing in Kalamazoo, South Haven and Three Rivers. Dr. Thakur earned a medical degree from Government Medical College and Hospital in Chandigarh, India. He completed a residency in internal medicine from Detroit Medical Center through Wayne State University followed by a fellowship in hematology and oncology at Karmanos Cancer Center in Detroit. His experience includes serving as medical oncology faculty at that institute. Dr. Thakur’s clinical focus includes cancers of the lung, bladder, kidney, GI tract and prostate. He is board certified in internal medicine, hematology and medical oncology.

**PAULA LOCKWOOD, PA-C,** is physician assistant in our hematology/medical oncology department in Kalamazoo. Lockwood completed a Bachelor of Science in Medicine and a Master of Science in Medicine from Western Michigan University and has twelve years of experience as a physician assistant. Her responsibilities include seeing and evaluating hematology and medical oncology patients during consultation.

---

**Radiation Therapy:**

**New Ways to Check In and Check Machine Status**

If you are receiving radiation treatments, we want to make sure you know about two new improvements.

**Appointment Self Check In**

When you arrive for your appointment, you can now check yourself in at our kiosk station just inside the main lobby. Simply type in your first and last name, enter your pager number and click ‘add’. If you need assistance or if your insurance or personal information changes, please let one of our registration specialists know.

**Treatment Machine Status**

You can check the status of our radiation therapy machines to see if they’re running on time:

1) On our website at wmcc.org – look for the red checkmark in the upper right hand corner of our homepage and
2) On the large monitor located in our first floor waiting room. Either way, you’ll get a live status report on the Bronco, Spartan and Wolverine treatment machines.
Cancer Fighting Nutrition

By Samantha Cabala, RD, & Rebecca Leitow, RD, WMCC Registered Dietitians

CARROTS

Season:
July-March

Health Benefits:
Health Benefits: carrots are an excellent source of vitamin A, which helps maintain our bodies' healthy cells; carrots also provide a good source of vitamin K, fiber, potassium, and vitamin C.

How to Eat:
Raw with veggie dip and/or hummus, steamed and served as a side dish, added to pasta salad, stews, and/or casseroles, etc.

Recipe: Spicy Peanut Soba Noodles

- 1 lbs. soba noodles
- 3 tbsp. Sriracha sauce
- 2 large carrots, thinly sliced
- 3 tbsp. soy sauce
- 2 bell peppers, thinly sliced
- 3 tbsp. rice vinegar
- 1/4 c. peanut butter
- 3 tbsp. lime juice
- 1/4 c. sesame oil
- 3 tbsp. water

- In a boiling pot of water, cook the soba noodles. Using tongs, remove the noodles and place them in a bowl filled with cold water.
- Bring the pot of water back to a boil. Cook the carrots & peppers for ~2 mins. remove from heat and place in cold water with noodles.
- In a medium bowl, combine PB, oil, Sriracha, soy sauce, rice vinegar, lime juice, & water.
- Drain the noodles & veggies from the water. Toss the noodles in the peanut sauce. Refrigerate until ready to serve.

Cancer Care Wherever You Are

Did you know WMCC serves patients at six affiliate clinics throughout Southwest Michigan?

We offer cancer and hematology care at the following hospital locations:

ALLEGAN

Allegan General Hospital
555 Linn Street
Allegan, MI
Physician:
Marcia Liepman, MD

SOUTH HAVEN

Bronson South Haven
965 Bailey Street
South Haven, MI
Physicians:
Manish Thakur, MD

DOWAGIAC

Borgess-Lee
Memorial Hospital
420 High Street
Dowagiac, MI
Physicians:
Sunil Nagpal, MD & Hemasri Tokala, MD

STURGIS

Sturgis Hospital
916 Myrtle Avenue
Sturgis, MI
Physicians:
Dustin Bivins, DO & Hemasri Tokala, MD

MARSHALL

Oaklawn Hospital
200 North Madison Street
Marshall, MI
Physicians:
Muhammad Hameed, MD & Muhammad Rafi, MD

THREE RIVERS

Three Rivers Health
711 S. Health Parkway
Three Rivers, MI
Physicians:
Hassan Issa, MD, Mohammad Omaira, MD

Dr. Mitchell Berger is Medical Director for the Affiliate Clinics and Remie Mills, RN OCN, is Affiliate Nurse Navigator. Our affiliate clinic teams, consisting of doctors, nurses, medical assistants, schedulers, pharmacists, pharmacy technicians, and support staff provide lifesaving care to oncology & hematology patients close to home across the region.
“I will remember many of them forever.”

Dr. Keith Bailey reflects on patients he treated during 40-year career in oncology & hematology

Thursday, June 29th began like thousands of other days in Keith Bailey’s life. The veteran hematologist/oncologist sat in an exam room with a 40-year-old lymphoma patient to discuss the woman’s next steps following chemo treatments and CAT scans. Eight hours and a dozen more office visits later, his day ended like it never had before. Dr. Bailey bid a final farewell to an extraordinary medical career. One that lasted four decades and provided him with tremendous gratification because he “always enjoyed taking care of patients and will remember many of them forever.”

When Dr. Bailey arrived in Kalamazoo from New Orleans in 1975 to begin work as a new medical resident here, cancer and blood disorders were not top of mind. “I worked three years as an internal medicine resident with the third year as chief resident,” said Dr. Bailey. “It was during that time that I realized that there was a population of patients who really needed a doctor.” That population turned out to be people with cancer and blood disorders.

Dr. Bailey witnessed firsthand the revolution in care from the late 70’s through today. Treatments for cancer and blood disorders ran a complicated path, with thousands of twists and turns, and just as many roadblocks. “In the beginning of my career, empirical evidence—that is, knowledge gained through experience and observation—was state of the art,” said Dr. Bailey. “We’d try a treatment, see if it works. If not, try another and so on. Then, we began using large, randomized clinical trials to provide empiric evidence for the most appropriate treatment. Today we have resources that allow us to be much more specific and provide personalized treatment for each individual patient.”

Researchers have made great strides in determining how some cancers grow and then, developed therapies targeted to attack the mechanisms for growth. “These are exciting times,” said Dr. Bailey. “For example, treatments for chronic myeloid leukemia (CML) used to be uniformly toxic and fatal. Now with tyrosine kinase inhibitors like Imatinib, CML has become a chronic disease for most patients.”

Dr. Bailey experienced his share of challenging cases and frustrations where “no matter what was tried, the patient got sicker.” However, he also witnessed miracles unfold before his eyes. “I had a patient with a liver full of malignancy who was very ill,” said Dr. Bailey. “We treated him with steroids, he had a dramatic response which supported further treatment for lymphoma and he lived for years.”

The newly retired doctor has a newly created ‘to do’ list. “The first thing I’m going to do is clean out my condo on the river and donate all my working clothes,” he said. The rest of the items on the list sound less taxing. Sit on the balcony and watch the boats go by. Read three new science fiction novels he has been eyeing. Spend more time cooking. And, hit the road with his wife to visit loved ones across the country including his 5 and 2-year-old granddaughters in Chicago. “I’ve got my iPass ready,” he said.

Resource Packet Created for Caregivers

Most treatment centers like ours provide a wealth of information to people who are newly diagnosed. But, what about resource material for caregivers? News of a loved one’s serious illness can be overwhelming for them as well. And, just like patients, they desire information to understand what’s happening and to cope.

To help caregivers, we’ve created a special Caregiver Packet filled with information to support them through their loved one’s medical journey. The content inside is designed to help caregivers manage the stress and emotional impact of the disease and its treatment.

If you are a caregiver and would like to receive a packet, just ask your loved one to notify his or her nurse liaison.
Corporate and Foundation Donors

Allegan Eyecare
Allegan Tubular Products
AT&T
Cook Equipment Company
Critter Control of SW Michigan
Dorothy U. Dalton Foundation
Double L Bait & Marine
Friendship Village
Hartman Ellis Agency, LTD
Hunter's
Irvings S. Gimore Foundation
JC Penney
Kalamazoo College Volleyball
Kalamazoo Community Foundation
L.D. Docsa Associates, Inc.
Marvin & Rosalie Okun Foundation
Old Chicago
Paw Paw Village Players
Pfizer Foundation
Robert S. Hayes Inc.
Scott's Landscape Management
Sneller Real Estate
W.K. Kellogg Foundation

Visionary Circle

Dr. and Mrs. Keith Bailey
Mrs. Patricia Chipman
Mr. Warren Lawrence
Ms. Barbara Lewis
Drs. Joseph & Betty Jane Mirro
Peter A. Kaylor Memorial Save A
Breathe Walk
Drs. Jeffrey & Melissa Radawski
Dr. Muhammad Rafi
Mr. and Mrs. Thomas L. Swiat Jr.
Linda and Dana Winchester

Trustee Circle

Ms. Agnes A. Beaton
Ms. Betty Cleland
K. Norman and Rosemary Copeland
Ms. Gloria Flores
Bob and Diane Garlick
Ms. Sandra Griffie
Mark and Jennifer Gross
Mr. Hal Ray Harrington
Ms. Dorothy E. Hay
C. Reid & Deborah D. Hudgins
Mr. Joseph J. Jerkins
Dr. Mazen Mislimani
Phil and Mardeed Mott
Dr. and Mrs. Sunil Nagpal
Mr. and Mrs. Thomas S. Phillips
Mrs. Joyce A. Rapsen
Mrs. Ardath H. Robertson
Ms. Marilyn Vineyard

Patrons

Mr. and Mrs. Aaron F. Abbott
Dale and Mary Aldrich
Mrs. Dorothy C. Alexander
Ms. Cynthia Alves
Mr. Muhammad Arif
Mrs. Shawnie Bainbridge
Mr. Thomas A. Barry
Ms. Eloise Beardsley
David and Joyce Becker

Richard and Susan Bir
Ian and Priscilla Blair
Mr. Paul R. Bowers
Ms. Karen A. Braasch
Ms. Diane P. Brooks
Ms. Jill A. Brown
Mr. and Mrs. Douglas J. Brown
Joseph and Lisa Cerven
Mr. and Mrs. Kent W. Choate
Nina Consolati
Ms. Jessica L. Copeland
Ms. Clara Cruse
Michael and Christine Davis
Mr. Mark L. Dorbin
Mr. Tyson Dubnicka
Ms. Bonnie Dumlo
Mr. James M. Dunstan
Terry and Karen Elmore
Mr. and Mrs. Fred & Lynne Corbus
Sandy and Tim Eschelbach
Mrs. Cynthia Eustice
Mr. and Mrs. Steven J. Evert
Mr. and Mrs. Louis E. Farrye
Robert and Becky Fegan
Ms. Diane Filebrandt
Leigh Arden Ford
Mrs. Pauline Foss
Ms. Amy French
Mr. and Mrs. Wayland Gardner
Mr. David George
Ms. Anna J. Gibbons
Ms. Michaelene Glowacz
Dr. Bill and Mrs. Kay Harrison
Edward M. Hartleb
Mark and Debra Heather
Ms. Jessica & Dr. Jill Hermann-Wilmarth
Ms. Sherry Hirst
Ms. Mary Hood
Mr. James Hopfensperger
Ms. Ann E. Houser
Gary and Dodie Hubbard
Mr. and Mrs. Carroll & Judith Hughes
Mr. Raymond Hughes
Ron and Elaine Johns
Mr. and Mrs. Samuel P. Johnson
Janet Kline-Hunt
Mr. Gerald Knauss
Ms. Pamela S. Knight
Dawaine and Sharon Krier
Ms. Patricia Krummkey
Mrs. Judith C. LaDuke
Mr. and Mrs. Anthony Lindeman
Mr. and Mrs. Gerald L. Loedeman
Mr. Ken L. Lundquist
Mr. and Mrs. Patrick M. Lynch
Brad and Claire Lyons
Daniel and Kathleen Madson
Amanda and Clint Marcelletti
Nancy and Manfred Martin
Daniel and Carolyn McGregor
Hugh and Josephine Meints
Ms. Denise Miller
Mrs. Janet P. Missad
Mrs. Kathy Moore
Mr. and Mrs. James & Judy Moulthrop
Mrs. Marian B. Nelson
Mina J. Nemrava
Ms. Mary J. Nespolczyz
Donald and Kristen Nielsen
Mrs. Helen L. Norris
Kim Nuyen
Ms. Rachel Ogrin
Thomas and Charissa Oliiphant
Scott and Laura Oliver
Mr. and Mrs. Joseph M. Orolin
Mrs. Florence Upjohn Orosz
Mrs. Helen E. Oswalt
Mr. William L. Oswalt
Mrs. Debra S. Palmer
Mr. and Mrs. Floyd L. Parks
Ms. Sheryl Parrish
Mrs. Cassie M. Pendell
Mr. Robert A. Peters
Mr. Daniel & Mrs. Heidi Richardson
Mrs. Althea N. Robbert
Jason and Rebecca Robbins
Ms. Kimberle Roehm
Ms. Laura A. Rorick
Rick and Lynn Russell
Mr. Kari L. Sandelin
Mr. and Mrs. Richard Schlimgen
Ms. Sally S. Schreuder
Rick and Erin Sedlak
Mrs. Jeanna Sheldon
Mr. Robert Sperdonsma
Beth and Ken Skinner
Mr. Dennis R. Slevats
Kelly and Dave Smith
Ms. Margaret A. Smith
Mr. and Mrs. Terry & Trena Smith
Mrs. Vivian B. Snapper
Mr. Greg Snyder
Mr. Robert L. Stafford, Sr.
Mr. Keith Steenwyk
Frank and Karen Stinnett
Paula and Martin Striebel
Ms. Audrey Strong
Mr. Gregory Sutton
Ms. Pamela J. Tibbitts
Mr. and Mrs. John & Jane Todd
Dr. Luis H. Toledo
Mr. Steven G. Townsend
Ms. Burnadean Trimper
Ms. Terri Trombley
Mr. and Mrs. Martin J. Troyer
Mrs. Runiko Tsuji
Mr. and Mrs. Drew Uryga
Mrs. Carol Vandenburg
VandenBussche Family
Mr. Harold VanderSalm II
Mr. and Mrs. Charles A. Vliet
Mr. H. Carl Walker
Ms. Frieda M. Wallace
Clarence and Marcy Wentzel
Mr. Kevin Wertz
Mr. and Mrs. Tom Whale
Jim and Sandy Wheat
Carl L. Wick and Joel C. Wick
Carl and Joanne Wisner
Mr. Anthony Wright

Friends

Ms. Elaine F. Adams
Mr. and Mrs. Walter "Chip" Adams
Mr. and Mrs. Richard D. Adamski
Ms. Sharon A. Adrianson
Ms. Elizabeth Akhurst
Mr. Patton L. Alburtus
Mr. Gerard B. Alexander
Mrs. Karen K. Anderson
Ms. Nancy L. Anderson
Chet and Jo Arnold
Mr. Bob Arvidson
Mr. and Mrs. Loyd Babcock
Ms. Mary Bacon
Ms. Geraldine L. Baird
Mrs. Alison Barnes
Mr. and Mrs. William E. Barnes Jr.
Mr. and Mrs. Larry D. Barnhardt
Ms. Ruth E. Barrett
Ms. Carmen Bartholomew
Jim and Brenda Beaudoin
Jill A. Bednarz
Marion S. Behrman
Tom and Lynn Belco
Mrs. Florence Belden
John and Linda Benjamin
Ms. Carol A. Bertrand
Mr. Lewis A. Bigler
Mr. and Mrs. Richard & Rudy Bird
Carolyn F. Blakeslee
Mr. and Mrs. John Block
Mr. Benjamin Blomeke
Mr. Ron Boelman
Mr. Raymond W. Bomeli
Mrs. Juliana Borka
Boyd Family
Ms. Marilyn Boyd
Ms. Lisa Brachman
Ms. Kellie Bridges
Ms. Mary Brininger
Sally A. Brinkman
Ms. Barbara Jean Brown
Dorothy and Jerry Bundy
Ms. Gertrude M. Burns
Mrs. Kristen Burpee
Kay and Mervin Burtis
Mrs. Barbara L. Butler
Mr. and Mrs. William S. Bye
Mr. Jack L. Byrd
Bruce and Ann Campbell
Megan E. Campbell
Mr. and Mrs. Robert Campbell
Mr. Carl M. Carlson
Samantha and Todd Carlson
Ms. Anastasia Cavas
Mr. Lavern P. Cayemberg
Steven and Paulette Chapin
Deb and Mike Chesney
Kimberly and Marc Claffin
Mr. Doug Clary
Mr. and Mrs. Robert A. Colgren
Ms. Kathy D. Collins
Ms. Caroline Connelly
Mrs. Margaret M. Connelly

Continued on page 6
Mrs. Melva P. Cook
Fred and Colleen Cooley
Mr. Richard L. Cowlens
Mr. and Mrs. Thomas E. Coyne
William and Jeanene Cronenwett
Mr. and Mrs. Bernard L. Cronkhite
Ms. Sherry L. Crouch
Charles and Miriam Cummings
Donald and Sally Dam
Mr. Larry M. Dayharsh
Mr. William Deary, Jr.
Mr. Sebastian DeCastro
Mr. Timothy R. DeHaan
Mr. and Mrs. John C. Deisler
Mr. and Mrs. James H. Ghist III
Ms. Judah Gesmundo & Mr. Paul
Ms. Ila E. Geren
Dr. Robert & Mrs. Marilyn Geil
Mr. Richard D. Geib
Mrs. Jessica M. Freemire
Patrick and Dana Franzoi
Rick Frame
Mr. and Mrs. Robert D. Fogarty
Mr. Michael P. Fleck
Ms. Darlethie Moragne
Ms. Cindee S. Moore
Ms. June E. Haley-Smith
Ms. Margaret Hamlett
Mr. and Mrs. Raymond T. Happy
Mr. Willie J. Harrell
Ms. Norma J. Hartman
Gary and Julie Hayward
Mr. and Mrs. Joseph T. Hazard
Mr. and Mrs. Charles F. Heller
Mr. Donald Henderson
Mr. Robert Henke
Mr. Don Hepner
Mary and Gary Herder
Mr. Juan Hernandez Jr.
Mr. Matthew Hetrick
Ms. Mary K. Hill
Mr. and Mrs. Lorraine and Chester Hills
Ms. Kathleen J. Hobbs
Mr. and Mrs. Harvey G. Hochstetler
Mr. and Mrs. Robert R. Hoffine
Ms. Rosalyn Hogan
Mr. Robert W. Holley
Phil and Connie Hoogenboom
Andrew and Kristi Hooper
Mrs. Judy Hopkins
Ail and Barb Hosner
Dr. and Mrs. Roy D. Hudson
Mrs. Laurie Huetteman
Ms. Berneice L. Hunt
Mrs. Florence H. Hunt
Mr. Rick Hyde
Mr. Frank Iagnocco
Nancy and Anthony Inverso
Mr. and Mrs. Kraig & Katie & Adrienne Ivins
Ms. Jolene Jackson
Ms. and Mrs. Robert P. Jackson
Willard and Judith Jennings
Ms. June M. Johnson
Laura and Gary Johnson
Ms. Shirley Johnson
Mrs. Ruth Kacienda
Ms. Judith A. Kaercher
Ms. Debbie N. Kajpust
Mr. and Mrs. Gerrit J. Kalkman
Mr. and Mrs. Vieusts Kalkman
Conda Kane
Ms. Verna Keeler
Ms. Yvonne E. Keener
Mrs. Lindy Keith
Ms. Ellie Kelezicavall
George and Barbara Keller
Deborah J. Kelley
William and Emily Kelvington
Ms. Cheryl Kemink
Ms. Keli K.R. Kempker
Mr. Terry L. Kevett
Ms. MaryAnn Kidman
Mr. Gerald Kienzie
Ms. Lorraine Kieman
Dr. Jae H. Kim
Ms. Ilia Kinder
Mr. and Mrs. Louis M. Klein
Patricia and Martin Kleine
Mr. and Mrs. Tom & Mary Knechtel
Ms. June D. Konopka
Mr. and Mrs. Greg S. Kooistra
Mr. Munzer Koubaityar
Ed and Jeanene Kozierski
Ms. Janice A. Kraft
Ms. Laurie L. Krum
Mr. Larry Krunkle
Mr. Clyde R. Lancaster
Mrs. Mary E. LeRoy
Mr. Ruel M. Lewis
Ms. Dona Lincoln
Mr. and Mrs. Kenneth E. Lintz
Ms. Christine Locke
Ms. Desiree Longcore
Mr. and Mrs. David Loveland
Ms. Heidi B. Luchies
Matthew and Stacy Luckas
Ms. Dorothy Lyle
Ms. Janet Marcuse
Ms. June M. Marlett
Mr. Earl R. Mason
Ms. Ann L. Metta
Mr. Lewis Matthis
Patrick and Carla McCarty
Mr. and Mrs. Melvin J. McFadden
Mr. George E. McKay Jr.
Ms. Joyce K. McNally
Ms. Nancy McNe
Mrs. Marilyn Mertel
Mr. and Mrs. Theobald Metzger
Mr. and Mrs. Robert C. Metzlter
Ms. Geraldine F. Michalski
Mr. John Millar
Verlan and Sandra Miller
Mr. and Mrs. William E. Miller
Mr. Nicholas L. Mills
Remie K. Mills
William and Jannett Montgomery
Ms. Cindee S. Moore
Ms. Darlethie Moragne
Ms. Mary L. Morrell
Mr. Larry R. Moyer
Mr. and Mrs. John J. Mulder
Mr. and Mrs. Lynn N. Munroe
Dr. Phyllis H. Music & Mr. Gene A. Music
Mr. Ken Nacci
Jeffrey Nasser
Richard and Delores Neely
Ms. Stephanie S. Nelsen
Mrs. Cindy Newell
Ms. Sue M. Newton
Mr. and Mrs. Jerald & Susan Newton
Ms. Sally Newton
Delbert B. Nickel
Ms. Stella Niedzieski
Mr. Ronald Norland
Mr. George Northrup
Ms. Leslie R. Obig
Bob and Penny Ogrin
Ms. Sharon L. Osten
Alexandra and Nicoara Oprescu
Tracey S. Overkamp
Ms. Angela Oviedo
Marion J. Pacukewicz
Ms. June D. Konopka
Mr. and Mrs. Greg S. Kooistra
Mr. Munzer Koubaityar
Ed and Jeanene Kozierski
Ms. Janice A. Kraft
Ms. Laurie L. Krum
Mr. Larry Krunkle
Mr. Clyde R. Lancaster
Mrs. Mary E. LeRoy
Mr. Ruel M. Lewis
Ms. Dona Lincoln
Mr. and Mrs. Kenneth E. Lintz
Ms. Christine Locke
Ms. Desiree Longcore
Mr. and Mrs. David Loveland
Ms. Heidi B. Luchies
Matthew and Stacy Luckas
Ms. Dorothy Lyle
Ms. Janet Marcuse
Ms. June M. Marlett
Mr. Earl R. Mason
Ms. Ann L. Metta
Mr. Lewis Matthis
Patrick and Carla McCarty
Mr. and Mrs. Melvin J. McFadden
Mr. George E. McKay Jr.
Ms. Joyce K. McNally
Ms. Nancy McNe
Mrs. Marilyn Mertel
Mr. and Mrs. Theobald Metzger
Mr. and Mrs. Robert C. Metzlter
Ms. Geraldine F. Michalski
Mr. John Millar
Verlan and Sandra Miller
Mr. and Mrs. William E. Miller
Mr. Nicholas L. Mills
Remie K. Mills
William and Jannett Montgomery
Ms. Cindee S. Moore
Ms. Darlethie Moragne
Ms. Mary L. Morrell
Mr. Larry R. Moyer
Mr. and Mrs. John J. Mulder
Mr. and Mrs. Lynn N. Munroe
Dr. Phyllis H. Music & Mr. Gene A. Music
Mr. Ken Nacci
Jeffrey Nasser
Richard and Delores Neely
Ms. Stephanie S. Nelsen
Mrs. Cindy Newell
Ms. Sue M. Newton
Mr. and Mrs. Jerald & Susan Newton
Ms. Sally Newton
Delbert B. Nickel
Ms. Stella Niedzieski
Mr. Ronald Norland
Mr. George Northrup
Ms. Leslie R. Obig
Bob and Penny Ogrin
Ms. Sharon L. Osten
Alexandra and Nicoara Oprescu
Tracey S. Overkamp
Ms. Angela Oviedo
Marion J. Pacukewicz
Ms. June D. Konopka
Mr. and Mrs. Greg S. Kooistra
Mr. Munzer Koubaityar
Ed and Jeanene Kozierski
Ms. Janice A. Kraft
Ms. Laurie L. Krum
Mr. Larry Krunkle
Mr. Clyde R. Lancaster
Mrs. Mary E. LeRoy
Mr. Ruel M. Lewis
Ms. Dona Lincoln
Mr. and Mrs. Kenneth E. Lintz
Ms. Christine Locke
Ms. Desiree Longcore
Mr. and Mrs. David Loveland
Ms. Heidi B. Luchies
Matthew and Stacy Luckas
Ms. Dorothy Lyle
Ms. Janet Marcuse
Ms. June M. Marlett
Mr. Earl R. Mason
Ms. Ann L. Metta
Mr. Lewis Matthis
Patrick and Carla McCarty
Mr. and Mrs. Melvin J. McFadden
Mr. George E. McKay Jr.
Ms. Joyce K. McNally
Ms. Nancy McNe
Mrs. Marilyn Mertel
Mr. and Mrs. Theobald Metzger
Mr. and Mrs. Robert C. Metzlter
Ms. Geraldine F. Michalski
Mr. John Millar
Verlan and Sandra Miller
Mr. and Mrs. William E. Miller
Mr. Nicholas L. Mills
Remie K. Mills
William and Jannett Montgomery
Ms. Cindee S. Moore
Ms. Darlethie Moragne
Ms. Mary L. Morrell
Mr. Larry R. Moyer
Mr. and Mrs. John J. Mulder
Mr. and Mrs. Lynn N. Munroe
Dr. Phyllis H. Music & Mr. Gene A. Music
Mr. Ken Nacci
Jeffrey Nasser
Richard and Delores Neely
Ms. Stephanie S. Nelsen
Mrs. Cindy Newell
Ms. Sue M. Newton
Mr. and Mrs. Jerald & Susan Newton
Ms. Sally Newton
Delbert B. Nickel
Ms. Stella Niedzieski
Mr. Ronald Norland
Mr. George Northrup
Ms. Leslie R. Obig
Bob and Penny Ogrin
Ms. Sharon L. Osten
Alexandra and Nicoara Oprescu
Tracey S. Overkamp
Ms. Angela Oviedo
Marion J. Pacukewicz
Bethel Stanley
Mr. Jerry F. Stears
Mr. and Mrs. John W. Stevens
Daniel Coyne & Linda Steive
James and Carolyn Stokoe
Mr. and Mrs. G & Astrida Strautnieks
Mrs. Linda S. Strong
Mrs. Pamela Strong
Mrs. Rhonda L. Stull
Mr. Gerald Sunlin
Hope and Theron Sutton
Ms. Amelia L. Taggart
Ms. Therese Tatum
Larry and Carol Teravest
Susan and Dallas Theil
Mr. and Mrs. Scott Thomas
Jim and Jan Thomas
Susan M. Thomas
Mr. John Tibbett
Mr. and Mrs. Kenneth & Mary Ann Tolf
Tom and Jackie Udel
Bernie and Bev Vallier
John and Jean Vanburen
Ms. Cornelia W. VanBruggen
Mr. Paul M. Vande Wouwer
Ms. Rebecca VandenBrink
Particia L. VandenHeede
Mrs. JoAnn VanderWeele
Mr. and Mrs. Robert VanHorn
Mr. James A. Vanloo Jr.
Mr. and Mrs. Frank VanOosten
Mr. Thomas Vargo
Mr. and Mrs. Duane Verschoof
Mr. and Mrs. Arie D. Visser
Mr. and Mrs. Ralph A. Vogel
Mr. and Mrs. Larry & Sandy Wachowski
Ms. Lucy Wadey
Mr. and Mrs. William M. Walbeck
Mr. Todd Warman
Ms. Denise M. Washington
Rena Watson
Lyle and Judy Weidemann
Mr. Douglas L. Weir
Mr. and Mrs. James A. Westcott
Mr. and Mrs. Paul Weston
Mr. and Mrs. Robert L. Whaley
Michael and Nancy Wheat

WMCC Donors Contined from page 6

In Memory of Barbara Britigan
Andy and Marie Cerio
Mr. John Ciero
Ms. Sharon Cross
Patricia Fadel
Mrs. Karen McNulty
Mr. and Mrs. Michael Hatfield
Mr. and Mrs. William K. Crank
Mr. Donald Myers
Mr. and Mrs. Karl M. Millard Jr.
Mr. and Mrs. Scott C. Binkowski
In Memory of Lynn Gilbert
Mr. and Mrs. John L. Hendricks
Mrs. Bonnie Valkner
In Memory of Lisa Hopkins
Bigby Coffee
In Memory of Naomi Hunt
Mr. and Mrs. William M. Walbeck

WMCC Tributes These donations were given between November 23, 2016 and April 12, 2017.

In Memory of Mary Allen-Owens
Robert and Mary Timkovich
In Memory of Gary Babbitt
Mrs. Joyce Babbitt
In Memory of Perri Barber
Mr. Douglas L. Weir
Lyle and Judy Weidemann
Rena Watson
Lyle and Judy Weidemann

In Memory of Claudia Barrett
R A. Barrett & D. K. Barrett
Ms. Sharon K. Bowman
Ms. Jeanne Burger
Andrée and Marie Cerio
Mr. John Ciero
Ms. Sharon Cross
Patricia Fadel

In Memory of Linda Black
Mr. and Mrs. Douglas J. Brown
Arline B. Johnson
In Memory of Anne Bradley
Sherman Ampey
Ms. Deborah K. Nault
In Memory of Larry Briggs
Mr. and Mrs. James Kallewaard
In Memory of Gary Brink
Ms. Dorothy I. Mauchum
In Memory of Barbara Britigan
Ms. Julie Rabahn
In Memory of David Cox
Aneta Bailey
Jodi Colby
In Memory of Burl Davidson
Thomas and Mary Soule
In Memory of Jacob Dekkinga
Barry and Phyllis Dunn
Mr. and Mrs. Jacob A. Elzinga
Jeffrey and Pamela Everts
Scott and Sandra Gernaat
Ronald and Debra Heystek
Mr. and Mrs. C. Frank Hirdning
Mr. and Mrs. Randy L. Hoeksema
Mr. and Mrs. Thomas F. Kelley II
Wendy Meyer & Janet Meyer
Mr. Robert Mrva
Dan and Robin Munson
Mr. and Mrs. Anthony J. Pienta
Mr. John Renema
Mr. and Mrs. Daryl R. Trimmer
Mr. and Mrs. William J. Vandermay
Paradise Quilters
Maverick Express, Inc.
In Memory of Joyce DeNooyer
Todd and Ruth DeNooyer
William and Adrienne DeNooyer
Ms. Joyce B. DeNooyer
Mrs. Marilyn A. Potgiesser
Roberta and Karl Utrecht
Ms. Jacqueline Wahl

In Memory of Deborah Dockweiler
Jim and Shirley Garlick
In Memory of Ruth Doezema
Mrs. Alice Netherood
In Memory of Nathaniel Doyle
Patricia and Neil Roe
Michigan Education Association
In Memory of Douglas Dykstra
Mrs. Judith C. LaDuke
Pfizer Foundation
In Memory of Diane Evans
Mr. and Mrs. William Bushouse
In Memory of Susan Foster
Mr. Jeff Burkey
In Memory of Rick Geer
Conn Vangelakos & Myrisk Petrie
Paragon Health, P.C.--Central Office
In Memory of Deborah Geurink
Ms. Sheryl Garlick
In Memory of Jane Giggy
Mr. Norris Giggy
In Memory of Kathleen Gilbert
Terry and Luann Tromp
In Memory of Lynn Gilbert
Mr. and Mrs. Scott C. Binkowski
Mr. and Mrs. Karl M. Millard Jr.
Mr. Donald Myers
Ms. Nicole M. Ray
In Memory of Alice Golden
Mr. and Mrs. William K. Crank
Mr. and Mrs. Michael Hatfield
Ms. Ruth Stoddard

In Memory of Doris Harding
Nick and Erika DeVries
Mr. and Mrs. John L. Hendricks
Mrs. Bonnie Valkner
In Memory of Lisa Hopkins
Bigby Coffee
In Memory of Naomi Hunt
Mr. John Kole
In Memory of Paul Igelzli
Art and Jan Overhuel
In Memory of Ronald Jones
Ms. Darlene Papanichola
Advia: Loan Servicing Department
In Memory of Patrick Joyce
Ms. Phyllis Bourgeois
Mrs. Charlotte J. Hubbard
Michael and Linda Klooster
Mr. and Mrs. Eddie E. Randol
Matthew and Lori Ruimveld
Sugar Island Association
In Memory of Tom Keitsch
Ms. Josephine J. Germaine
In Memory of Gregory Kern
David and Mary Ann Egnatuk
Ms. Brenda Graham
Mr. and Mrs. Brian Kern
Ms. Sandra A. Kneepkens
Ms. Diane Kuhn
Mr. Christopher Newton
Ms. Shirley Yacuk
In Memory of Arthur Ketchum
Ms. Margaret Carlson
In Memory of Suzanne Kilgore
Mr. Ronald Kilgore
Irving S. Gimore Foundation
In Memory of Jim Kilway
Mr. and Mrs. Thomas L. Swiat Jr.
In Memory of Betty Kole
Mr. John Kole
In Memory of Art Kreg
Mr. Ron Nemedi
In Memory of Michael Liepman
Chuck & Tucky McCarthy Elliot
In Memory of Linda Moeckel
Wendy and David Arnold
Mr. Ronald L. Moore
Mr. and Mrs. William R. Smith
In Memory of Louis Mitchell
Ms. Sharon McCellen
In Memory of Gloria Morse
Glen and Carol Ennis
In Memory of Beryl Munson
Carol and Larry McNally
Kirk and Carrie Meyer
Ms. Darla M. Ryan
Robert and Lorene Willems
Wade and Julie Wolf
In Memory of Jacklyn Nemedi
Mr. Ron Nemedi
In Memory of George Novitsky
JJ Loew
Ms. Lorraine Mosier
Mr. and Mrs. Craig C. Stevens
Mr. and Mrs. Mark Yatros
In Memory of Albert Olson
Mr. and Mrs. William R. Diemer
In Memory of Lois Piper
Mr. Phillip R. Piper

Continued on page 8
Art Hop Features Survivor Mitten Tributes

A large, local exhibit of Michigan mitten-shaped handprints decorated with personal stories of survivorship hung on display during the June Art Hop in downtown Kalamazoo as part of our National Cancer Survivor Day recognition. We called it ‘Celebrating Survivorship—Hand in Hand’.

Blank mittens were mailed to WMCC survivors in the spring, asking recipients to share personal stories of their cancer journey through photos, drawings, words, symbols or abstract images. Once completed, we invited survivors to return the mittens to us for use in an Art Hop exhibit at Consumers Credit Union on the downtown mall. The mittens we received back for the exhibit were as wonderfully unique as the people who created them, running the spectrum from colorful and detailed, to simple and intimate. All were powerful in their expressions of survivorship.

If you were unable to view the exhibit downtown, you can look at all the mitten tributes in scrapbooks available in our waiting rooms at the center.

Becky Jones, WMCC Nurse Practitioner and Jessica Hermann-Wilmarth, WMCC Director of Development, stand in front of mitten tribute.
Volunteer Touched by Cancer Gives Back in Multiple Ways

It was a love that started at a roller rink. The former Barb Bedwell had moved from Michigan to California and found herself skating at just the right moment to meet her future husband, Bob Swain. Bob was a member of the United States Navy Seabees at Port Hueneme, located a few blocks down the road from Barb’s house. Within a couple of months, Bob was called to Okinawa for tour of duty and then shortly after that, to Vietnam for a year. When he returned, the couple were married. It was the beginning of a beautiful and loving 49-year marriage.

Bob and Barb made a full life together. They had two children, Lisa and Mark. They lived all over the United States, thanks to Barb’s successful career with Parker-Abex. In 2003, the couple returned to West Michigan, an area of the country they had come to love and longed for while job requirements kept them elsewhere. Together they biked, kayaked, went snow shoeing, and hung out with their four legged friends, Sassy and Yankee.

Barb’s first cancer diagnosis came about this time too. She was diagnosed with stage 1 breast cancer in both breasts. Barb, with Bob at her side, came to the West Michigan Cancer Center and Institute for Blood Disorders (WMCC). She completed her treatments and they were thankful to go back to enjoying the activities they loved—including enjoying the first years of retirement. However, in 2012, Barb got the devastating news that she had Stage 4 lung cancer. Once again, Barb and Bob turned to WMCC.

Barb was fighter and she never gave up, according to Bob. Even during her treatments, they continued to kayak. She did all she could, yet Barb lost her life to cancer in May, 2015. It was shortly after her loss that Bob came to the cancer center to make a planned gift to WMCC. “WMCC is a blessing. We are fortunate to have this cancer center. WMCC reaches people from all communities, and gives them a place to go. I wanted to give back to WMCC for all that they have given Barb and me,” Bob explained.

Bob’s generous estate gift not only honors the memory of Barb and the special life they shared, it will provide for our center and our patients so that WMCC can continue to offer compassionate cancer and blood disorder care.

Bob can still be found at WMCC with his popular and beautiful sidekick, Yankee. Every Tuesday and Thursday morning, they provide the comfort and calmness that only pet therapy can provide.

Can you make a planned gift to WMCC? You don’t need to be rich to make a planned gift. Whatever your circumstances or financial ability, there are a variety of planned gifts, all of which will make a difference in the fight against cancer. Call Jessica Hermann-Wilmeth, Director of Development, at 269-373-0129 for more information.
**Specialty Pharmacy Offers Expertise & Convenience**

West Michigan Cancer Center & Institute for Blood Disorders (WMCC) offers a convenient specialty pharmacy on site. The pharmacy is located on the first floor and can fill all prescriptions written by our providers during your office, treatment or lab visit. This saves you time and ensures that your medications are coordinated safely by our specialized team.

**Questions?**
Stop by and talk with Kellie, our registered pharmacist, or Lisa, our pharmacy technician. They would be happy to help you. You may also contact the pharmacy by phone at 269-384-8626.

---

**CALL YOUR NURSE & SCHEDULER DIRECTLY**

<table>
<thead>
<tr>
<th>Medical Oncology</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Nurse Liaison</strong></td>
</tr>
<tr>
<td>Dr. Berger</td>
<td>Cindy K.</td>
</tr>
<tr>
<td>Dr. Bivins</td>
<td>Anne H.</td>
</tr>
<tr>
<td>Dr. Hameed</td>
<td>Erica P.</td>
</tr>
<tr>
<td>Dr. Issa</td>
<td>Sherri T.</td>
</tr>
<tr>
<td>Dr. Kaluza</td>
<td>Stephanie N.</td>
</tr>
<tr>
<td>Dr. Nagpal</td>
<td>Robin K.</td>
</tr>
<tr>
<td>Dr. Omaira</td>
<td>Anne P.</td>
</tr>
<tr>
<td>Dr. Park</td>
<td>Nancy W.</td>
</tr>
<tr>
<td>Dr. Rafi</td>
<td>Heather M.</td>
</tr>
<tr>
<td>Dr. Thakur</td>
<td>Brenda B.</td>
</tr>
<tr>
<td>Dr. Tokala</td>
<td>Karen R.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Radiation Oncology</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Nurse Liaison</strong></td>
</tr>
<tr>
<td>Dr. Grossheim</td>
<td>Kyle P.</td>
</tr>
<tr>
<td>Dr. Mislimani</td>
<td>Beth S.</td>
</tr>
<tr>
<td>Dr. Radawski</td>
<td>Tabitha P.</td>
</tr>
<tr>
<td>Dr. Schroyer</td>
<td>Pam R.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gynecologic Oncology</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Nurse Liaison</strong></td>
</tr>
<tr>
<td>Dr. Hoekstra</td>
<td>Grace C.</td>
</tr>
<tr>
<td>Dr. Mize</td>
<td>Sarah T.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Neuro Oncology</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Nurse Liaison</strong></td>
</tr>
<tr>
<td>Dr. Bivins</td>
<td>Judy N.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Surgical Oncology</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Nurse Liaison</strong></td>
</tr>
<tr>
<td>Dr. Munene</td>
<td>Eleanor B.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hemophilia Clinic</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Nurse Liaison</strong></td>
</tr>
<tr>
<td>Dr. Park</td>
<td>Jennifer L.</td>
</tr>
</tbody>
</table>

---

**BENEFITS**

- Full service specialty pharmacy
  - We accept all prescriptions written by your WMCC providers
  - Includes all medications used to support you and help you heal

- Direct communication between your WMCC provider and on-site pharmacist
  - Ensures delivery of correct medication and dosage
  - Protects you from drug interactions which could interfere with your treatment
  - Questions answered on site by our registered pharmacist
  - Medications recorded in your WMCC chart
  - Follow-up call on oral chemo prescriptions

- Prompt, courteous service
  - Quick turnaround time
  - Most medications ready before you leave the center
  - Saves time and extra stops on the way home
  - Rx ready text alerts

- Easy payment processing
  - We accept all insurance coverage programs and co-pays

- Financial assistance program available
  - Ask the pharmacist

- Convenient weekday hours
  - Monday through Friday, 9:00 am to 5:00 pm

---

**For urgent needs, call the Phone Triage Line at 269-585-6711**

---

**Additional Support**

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Billing</td>
<td>269-585-6713</td>
</tr>
<tr>
<td>Dietitian</td>
<td>269-382-2500</td>
</tr>
<tr>
<td>Genetic Counseling</td>
<td>269-384-8683</td>
</tr>
<tr>
<td>Infusion Scheduling</td>
<td>269-585-6712</td>
</tr>
<tr>
<td>Medical Records</td>
<td>269-585-6714</td>
</tr>
<tr>
<td>Phone Triage Line</td>
<td>269-585-6711</td>
</tr>
<tr>
<td>Social Work</td>
<td>269-382-2500</td>
</tr>
<tr>
<td>Test Results &amp; Prescription Refill Line</td>
<td>269-585-6710</td>
</tr>
<tr>
<td>Volunteer Services</td>
<td>269-373-7434</td>
</tr>
</tbody>
</table>
Program Expands

We are pleased to announce that our popular Survivorcise exercise program, which began in Kalamazoo, is expanding to the communities of Dowagiac and South Haven! WMCC operates affiliate clinics in both cities—at Borgess-Lee Memorial Hospital and at Bronson South Haven.

Survivorcise is a free 12-week program and is funded in part by a grant from Susan G. Komen Michigan. The program is open to men and women who have been treated for cancer in the last five years and are not currently receiving chemotherapy or radiation. Classes are held twice a week for one hour and led by certified trainers who understand the special needs of cancer survivors. As an added bonus, participants enjoy complimentary member benefits at the fitness center where classes are held during the 12-week program cycle. Survivorcise requires physician clearance to participate so talk to your doctor to see if you qualify.

Here is the class schedule for 2017-2018:

**2017**

**September 11 – November 27** – Southwestern Michigan College/Fitness Center, DOWAGIAC
Mondays & Wednesdays – 1:30 to 2:30 pm

**September 26 – December 14** – Borgess Health & Fitness Center, KALAMAZOO
Tuesdays & Thursdays – 1:00 – 2:00 pm

**2018**

**January 16 – April 5** – Bronson Athletic Club, KALAMAZOO
Tuesdays & Thursdays – 1:00 – 2:00 pm

**February 5 – April 25** – Southwestern Michigan College Fitness Center, DOWAGIAC
Mondays & Wednesdays – 1:30 to 2:30 pm

**March 5 – May 23** – Bronson Wellness Center, SOUTH HAVEN
Mondays & Wednesdays – 1:30 to 2:30 pm

**April 10 – June 28** – YMCA Maple Street, KALAMAZOO
Tuesdays & Thursdays – 1:00 to 2:00 pm

**July 3 – September 20** – YMCA Centre Avenue, PORTAGE
Tuesdays & Thursdays – 1:00 to 2:00 pm

Newer research from the National Cancer Institute has shown that regular, moderate exercise has health benefits, both physically and emotionally, for cancer patients. Physical activity may provide beneficial effects for several aspects of survivorship—including limiting weight gain, improving quality of life and reducing cancer recurrence or progression.

Survivorcise is **free and is for everyone**—men and women of all ages—**even if you’ve never exercised before**. For more information or to register, call 269-384-8674 or email survivorcise@wmcc.org.

UPCOMING WELLNESS DATES

Available at no charge to patients newly-diagnosed, in treatment and up to three years’ post-treatment. Check wmcc.org for specific dates and times.

**Healing Yoga**

Date: Every Monday – Drop In
Time: 5:00 – 6:15 pm
Place: WMCC 3rd Floor Multi Purpose Room
Information: 269-373-0109
or email nutrition@wmcc.org

**Livestrong at the Y**

12-week sessions - select one

Date: Begins Sept., 2017 – (TBD)
Tues. & Thurs.
10:00 am – 11:15 am
or
Mon. & Wed.
6:00 pm – 7:15 pm
Place: YMCA
2900 W. Centre Ave. | Portage, MI
Register: Trish Harrison
taharr@kzooymca.org
or 269-459-4881

**Look Good Feel Better**

select one session

Date:
Monday, September 25
Monday, October 23
Monday, November 27
Time: 5:30 – 7:30 pm
Place: Bronson Advanced Radiology Services
524 South Park Street
Kalamazoo, MI 49007
Register: American Cancer Society
at 1-800-227-2345

**Tai Chi**

Date: Every Tuesday
Time: 5:30 – 6:30 pm
Place: WMCC 3rd Floor Lobby Area
Register: 269-373-0109
or email nutrition@wmcc.org
We are pleased to provide our WMCC patients with the Medfusion® Patient Portal, self-service online tools that let you interact with our practice where and when it fits your busy schedule.

- Request appointments
- Ask a nurse
- Pay bills online
- Renew prescriptions
- Receive lab results and office updates
- Submit non-urgent health questions
- Access from your mobile device

To create an account, call us at 269-373-7497 or stop by our front desk.