



**EAT YOUR
WAY TO
GOOD HEALTH**

According to the American Institute for Cancer Research (AICR), fruit and vegetable intake can decrease your risk of cancer development and recurrence

INTERESTED IN *free* ORGANIC PRODUCE?

This summer, WMCC is partnering with the Long Valley Farm Community Supported Agriculture (CSA) program to provide fresh, organic produce every week between June and October.

If you are interested in this one-of-a-kind opportunity, please call quickly as space is limited! Contact WMCC Registered Dietitian, Ashleigh Walter, to reserve your spot: 269.373.0109.

WMCC
West Michigan Cancer Center
Radiation & Surgical Specialties